



Join *ENC-Teacher Exchange*

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Teachers invited to share their best ideas for combating obesity

Nutrition educators for students in grades K thru 12 are invited to go online to www.encteacher.org to join *ENC-Teacher Exchange*, a free information-sharing program that shines the spotlight on the best health education programs in schools throughout America that help combat childhood obesity.

Sign-up is fast, it's free, and all health-focused teachers can participate in the "exchange" on their own schedule. Our quest—the goal of Egg Nutrition Center, science division of The American Egg Board—is to help teachers *create and promote* the most effective obesity-fighting programs in the U.S., which we define as school-based programs that work because they resonate with kids and encourage healthier lifestyles.

'Exchange' nutrition information in 3 ways

1. The fastest way to benefit immediately from ENC-Teacher Exchange is to visit us at www.encteacher.org to join, at no charge, then use both the online video stories and the related teaching tools beneath the videos at your own discretion in the classroom.
2. ENC began in Summer 2012 to invite teachers from among our ENC-Teacher Exchange members to submit creative ideas to help us produce new school-based obesity-fighting programs, including lesson plans and PowerPoint presentations. ENC seeks to work with teachers to develop new nutrition teaching tools, and ENC-Teacher Exchange will award a \$500 honorarium to teachers' whose ideas are accepted and used at encteacher.org, provided the teacher will invest 8 to 10 hours to work with ENC to help bring the idea to fruition. Ideas can be submitted to us at info@encteacher.org.
3. Visit our [Resource Library](#) at www.encteacher.org for current nutrition-related research being published around the world.